

# Venen Engel 6 mobile

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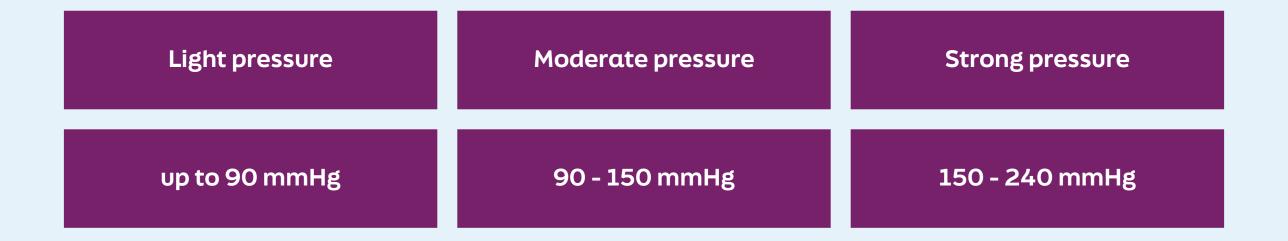
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End of work day deep relax 10

Lunch break recovery

# Venen Engel is a new way of living





Our pressure specifications are only to be understood as a guide, as the sensation of pressure and pain is always individual.

In the case of lipedema, lymphedema, water retention and venous weakness, the pressure should not exceed 90 mmHg. Too high pressure compresses the lymphatic vessels and impedes the removal of fluids. Therefore, the pressure does not have to be increased for these purposes, but may be permanently up to a maximum of 90 mmHg.



# Quick relax





5 Min B5 Min C5 Min D

Goal

Short massage unit for in between

**Optimal implementation** 

End of working day, lunch break

Duration

15 Minutes

Light pressure up to 90 mmHg

90 - 150 mmHg

# Deep relax

10 Min 10 Min 5 Min B 5 Min

#### Goal

Finally time for me - with a round of VE

### **Optimal implementation**

End of working day

#### Duration

90 - 150 mmHg

## Wellness care package

5 Min 5 Min B 5 Min D 15 Min C

#### Goal

Wellbeing for body and mind

### **Optimal implementation**

End of working day

#### Duration

90 - 150 mmHg

## Spa time for the legs

20 Min 10 Min A 10 Min D

#### Goal

Wellbeing for the legs

### **Optimal implementation**

End of working day

#### Duration

90 - 150 mmHg

### **Smooth skin**

5 Min A 10 Min 5 Min 5 Min В

#### Goal

Improve skin texture and reduce dimples

### **Optimal implementation**

End of working day

#### Duration

### Moderate pressure 90 - 150 mmHg



### Reduce leg circumference

10 Min B 10 Min C 5 Min A

#### Ziel

Reduce leg circumference

### Optimale Durchführung

End of working day

#### Dauer

#### •••

### End of working day action

Light or moderate pressure 90 - 240 mmHg

5 Min A5 Min B5 Min C15 Min D

#### Goal

Massage legs to be active afterwards

### Optimal implementation

End of working day

#### **Duration**

90 - 150 mmHg

## End of working day relaxation

Goal

End the day in peace

**Optimal implementation** 

End of working day

Duration

30 Minutes

5 Min 10 Min 5 Min 10 Min A

### Moderate pressure 90 - 150 mmHg

## End of working day deep relax

10 Min 10 Min 5 Min D 5 Min

#### Goal

End the day in peace

### **Optimal implementation**

End of working day

#### Duration

### Lunch break recovery

Moderare pressure 90 - 150 mmHg

5 Min 5 Min 5 Min

#### Goal

Relaxation for in between

### **Optimal implementation**

Lunch break, in between

#### Duration



# For your new lifestyle

