



PRAXISDIENST
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Venen Engel 6 mobile

Program Flows

Venen Engel 6 mobile

01

Quick relax

02

Deep delax

03

Wellness care
package

04

Spa time for
the legs

05

Smooth skin

06

Reduce leg
circumference

07

End of work day
action

08

End of work day
relaxation

09

End of work
day deep
relax

10

Lunch break
recovery

Venen Engel is a new way of living



Light pressure	Moderate pressure	Strong pressure
up to 90 mmHg	90 - 150 mmHg	150 - 240 mmHg

Our pressure specifications are only to be understood as a guide, as the sensation of pressure and pain is always individual.

In the case of lipedema, lymphedema, water retention and venous weakness, the pressure should not exceed 90 mmHg. Too high pressure compresses the lymphatic vessels and impedes the removal of fluids. Therefore, the pressure does not have to be increased for these purposes, but may be permanently up to a maximum of 90 mmHg.

...
Quick relax

5 Min B
5 Min C
5 Min D

Light pressure
up to 90 mmHg



Goal

Short massage unit for in between

Optimal implementation

End of working day, lunch break

Duration

15 Minutes

...

Deep relax

10 Min D
10 Min B
5 Min C
5 Min B

Moderate pressure
90 - 150 mmHg

Goal

Finally time for me - with a round of VE

Optimal implementation

End of working day

Duration

30 Minutes

Moderate pressure
90 - 150 mmHg

...

Wellness care package

5 Min A
5 Min B
5 Min D
15 Min C

Goal

Wellbeing for body and mind

Optimal implementation

End of working day

Duration

30 Minutes

Moderate pressure
90 - 150 mmHg

...

Spa time for the legs

20 Min C
10 Min A
10 Min D

Goal

Wellbeing for the legs

Optimal implementation

End of working day

Duration

40 Minutes

Moderate pressure
90 - 150 mmHg

...

Smooth skin

5 Min A
10 Min D
5 Min C
5 Min B

Goal

Improve skin texture and reduce dimples

Optimal implementation

End of working day

Duration

30 Minutes



Moderate pressure
90 - 150 mmHg

Reduce leg circumference

10 Min B
10 Min C
5 Min A

Ziel

Reduce leg circumference

Optimale Durchführung

End of working day

Dauer

25 Minutes

...

End of working day action

Light or moderate
pressure
90 - 240 mmHg

- 5 Min A
- 5 Min B
- 5 Min C
- 15 Min D

Goal

Massage legs to be active afterwards

Optimal implementation

End of working day

Duration

30 Minutes

Moderate pressure
90 - 150 mmHg

...

End of working day relaxation

5 Min A
10 Min B
5 Min C
10 Min A

Goal

End the day in peace

Optimal implementation

End of working day

Duration

30 Minutes

Moderate pressure
90 - 150 mmHg

...

End of working day deep relax

10 Min A
10 Min B
5 Min C
5 Min D

Goal

End the day in peace

Optimal implementation

End of working day

Duration

30 Minutes

Moderate pressure
90 - 150 mmHg

...

Lunch break recovery

5 Min B
5 Min C
5 Min D

Goal

Relaxation for in between

Optimal implementation

Lunch break, in between

Duration

15 Minutes



For your new lifestyle

